



# FITNESS FUN CAMP 2025



**GYM**  
CCHWC  
256-354-1260

**SPECIAL  
EDITION**



HOSTED BY CLAY COUNTY HEALTH & WELLNESS CENTER

I NEED  
DETAILS!!

WHEN IS THIS  
HAPPENING?!

WHO CAN COME?  
HOW MUCH?!

WEEK 1: JUNE 9TH-13TH


WEEK 2: JUNE 23RD-27TH  
FROM 8 AM - 12 PM!!!

FRIDAYS END AT 11AM!


CALLING ALL **SUPER KIDS** AGES  
5 TO 12 YEARS OLD!  
\$65 IF YOU REGISTER EARLY...  
\$75 BEGINNING MAY 26TH.



**REGISTER  
NOW!**



MEANWHILE... COME BY THE WELLNESS CENTER TO GET YOUR REGISTRATION FORM!



JUST WAIT.. GOOD TIMES AHEAD

SWIMMING... FIELD GAMES... WATER  
SLIDES... OUTDOOR RELAYS... FITNESS  
CLASSES... BOUNCY HOUSE... A FOAM  
PARTY AND....? .....THE COLOR RUN!  
PLUS, ICE CREAM FRIDAYS WITH  
TOP TIER ICE CREAM!

IT'S GOING TO BE **SUPER** FUN!

THE LAST DAY TO REGISTER  
FOR WEEK 1 IS JUNE 6... FOR  
WEEK 2- IT'S JUNE 20!



**SMASH!**

# FITNESS FUN CAMP 2025

HERE'S THE GAME PLAN.....

THE CLAY COUNTY HEALTH AND WELLNESS CENTER IS HOSTING OUR ANNUAL FITNESS FUN CAMP THIS SUMMER! THIS CAMP IS OUR FAVORITE EVENT OF THE YEAR WITH ITS PURPOSE AIMED AT HELPING STUDENTS LEARN THE IMPORTANCE OF LIVING A HEALTHY LIFESTYLE WHILE PROMOTING FITNESS, CREATIVITY, FRIENDSHIP, AND FUN!

WE WILL BE HOLDING TWO WEEKS OF CAMP: JUNE 9 - 13 AND JUNE 23 - 27. FOR YOUR CHILD TO BE GUARANTEED A T-SHIRT, REGISTRATION FORMS MUST BE TURNED IN NO LATER THAN 10 DAYS BEFORE YOUR CAMP START DATE.

STUDENTS SHOULD WEAR COMFORTABLE CLOTHES AND TENNIS SHOES EVERY DAY AND BRING A SWIMSUIT AND TOWEL FOR WATER ACTIVITIES. MOST OF THE CAMP TIME WILL BE SPENT BEING PHYSICALLY ACTIVE OR IN THE WATER. ACTIVITIES WILL INCLUDE SWIMMING, INDOOR AND OUTDOOR GAMES, RELAYS, WATER SLIDES AND MUCH MORE. SNACKS WILL ALSO BE PROVIDED FOR THE STUDENTS DURING CAMP TIME. WE WILL BE OFFERING SANITATION STATIONS AT VARIOUS AREAS THROUGH-OUT CAMP.



REGISTRATION OPENS APRIL 21, 2025, AND ALL FORMS MAY BE PICKED UP AND TURNED IN AT THE WELLNESS CENTER (NO ONLINE REGISTRATION). EARLY REGISTRATION IS OPEN THROUGH MAY 24. ANY REGISTRATION TURNED IN BEGINNING MAY 26 WILL BE AT A RATE OF \$75. WE ACCEPT CARD, CHECK, OR CASH AS PAYMENT METHOD AND MUST BE PAID IN-HOUSE AT THE WELLNESS CENTER. EACH STUDENT MUST HAVE A REGISTRATION FORM AND RELEASE OF LIABILITY COMPLETED ALONG WITH THE CAMP FEE.

MAKE SURE YOU BRING THIS...

**YES!** LABELED BAG/BACKPACK  
**YES!** SWIMSUIT AND TOWEL  
**YES!** CHANGE OF CLOTHES  
SUNSCREEN (OPTIONAL)  
WHITE T-SHIRT  
(FOR FRIDAY COLOR RUN)

LEAVE THESE AT HOME!

**NO** CELL PHONES  
**NO** PERSONAL GAMES/TOYS  
**NO** VALUABLES  
**MONEY** (WITH THE EXCEPTION OF FRIDAY FOR THE ICE CREAM TRUCK)  
\*CLAY COUNTY HEALTH & WELLNESS CENTER IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS.\*

EACH CHILD CAN BE DROPPED OFF BETWEEN 7:30 - 8:15 AM AND PICKED UP BETWEEN 12:00- 12:15 P.M. UNDER THE DRIVE-THRU AT THE WELLNESS CENTER. FRIDAYS WILL END AT 11 AM. PLEASE FORM A LINE THROUGH THE LARGER AREA OF THE PARKING LOT IN ORDER TO MAKE ROOM FOR ALL THE VEHICLES. A CHILD CANNOT LEAVE CAMP EARLY WITHOUT NOTIFYING THE CAMP DIRECTOR, ABBIE JONES. THESE PRECAUTIONS ARE BASED ON THE SAFETY OF THE CAMPERS. YOU WILL BE NOTIFIED OF THE PICK-UP PROCEDURE ONCE CAMP BEGINS. IF YOU HAVE ANY QUESTIONS REGARDING CAMP ACTIVITIES OR COVID-19 CAMP POLICIES, PLEASE CALL THE WELLNESS CENTER @ 256-354-1260.